

# Valley Fever



Know the Symptoms:

Fevers  
Chills

Stay out of  
Blowing Dust

Affects  
Lungs

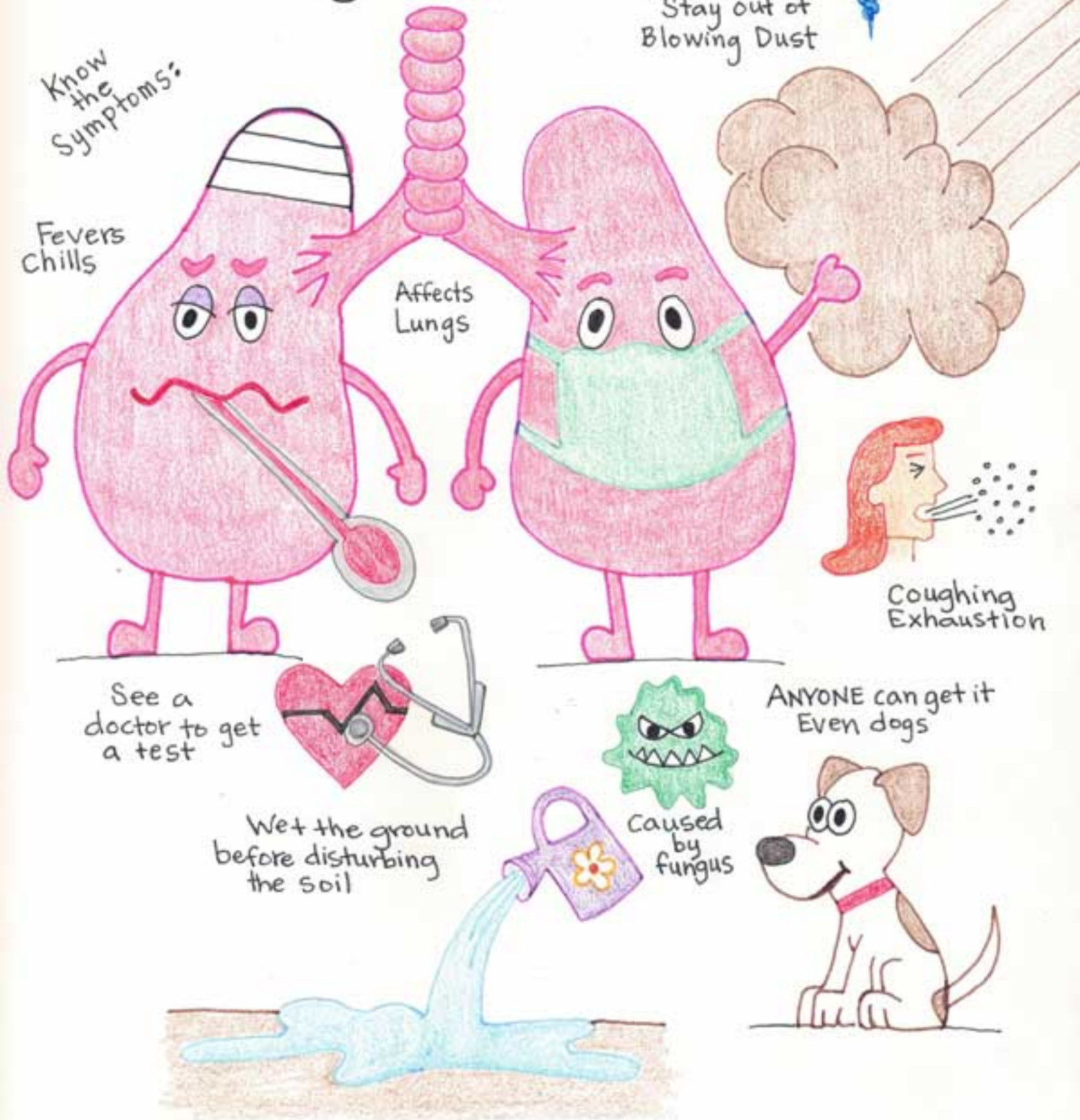
Coughing  
Exhaustion

See a  
doctor to get  
a test

ANYONE can get it  
Even dogs

Wet the ground  
before disturbing  
the soil

caused  
by  
fungus





# VALLEY FEVER



# Valley Fever Awareness

Valley Fever can be caused by dust!

Anyone can get Valley Fever!!

Wet the dirt before making dust

- rash
- sweats
- cough
- fever
- fatigue
- headache
- ache and pains
- similar to Covid-19

California  
Arizona  
New Mexico  
Texas  
high risk states

Dogs and Animals can get Valley Fever too! Anyone can get it!

Make sure to check in with your doctor if you have signs or symptoms!

-by: Aubree Beedon 2020

# Valley Fever

Valley Fever is a rare fungus. There are less than 200,000 US cases per year.

Stay Out of Blowing Dust.

Common States to get Valley Fever:



Dogs are the most common animals to get Valley Fever. Dogs, cats, horses, and many more animals that can get Valley Fever.

## Symptoms

- Coughing
- Rash
- Shortness of breath
- Fatigue
- Pain in chest
- Joint pain



If you have Valley Fever you may have a **rash**.

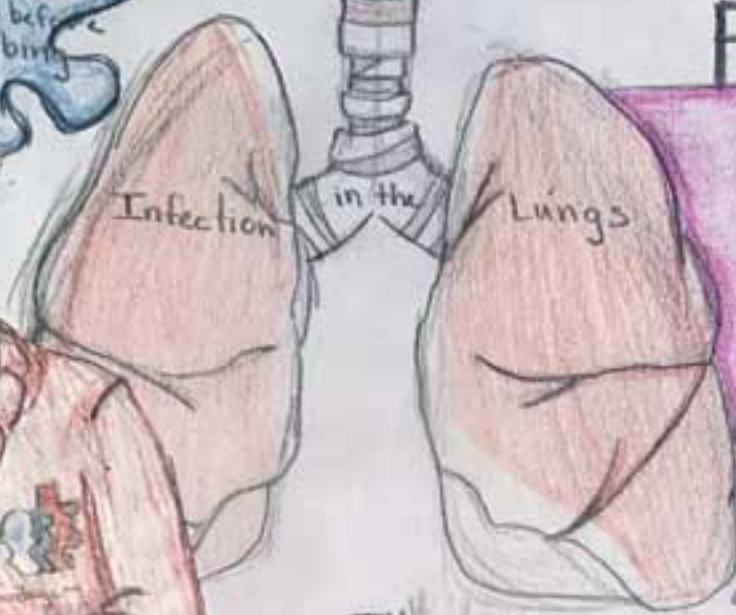


# VALLEY FEVER

Wet the soil before disturbing



Anyone can get it!  
Pets included!



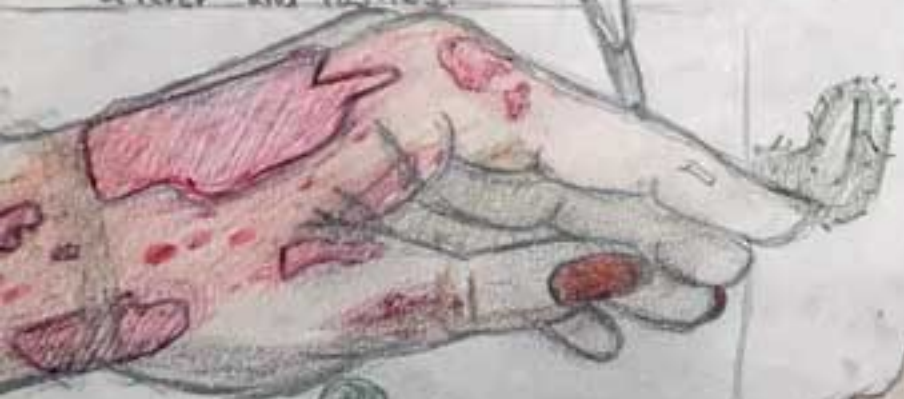
It's airborne



some of the most infected states.



Some symptoms are a fever and rashes.



The fungus grows in the soil.

It spreads to the lungs and other parts of the Body.  
It is in the dirt you kick up sometimes.

Know it if you  
have it.



I Hate  
Valley Fever

It can have no symptoms so <sup>you don't</sup> know if you have it.  
Anyone can get it even healthy people <sup>and pets</sup>.

Perkins  
M. R. O. C.

# VALLEY FEVER

LUNG INFECTION

## 60% DON'T SHOW SYMPTOMS



Even healthy people and pets can get this disease!



SYMPTOMS:  
FATIGUE • COUGH  
SWEATING AT NIGHT  
LOSS OF APETITE • CHEST PAIN • RASH  
MUSCLE AND JOINT ACHES • HIVES

Valley Fever is caused by a fungus. It infects the lungs when breathed in. It is found in dirt and is not contagious.

AZ is one of the states that has the MOST CASES

Stay out of dust and wet dirt before playing in it.



# Valley Fever

STAY away  
from BLOWING

DUST

## ANYONE

Symptoms:

cough

sweating at night

### CAN

exhaustion

MUSCLE + JOINT  
ACHES

FEVER

loss of appetite

chest pain

## VALLEY

GROWS IN  
THE SOIL OF

### GET

### FEVER!



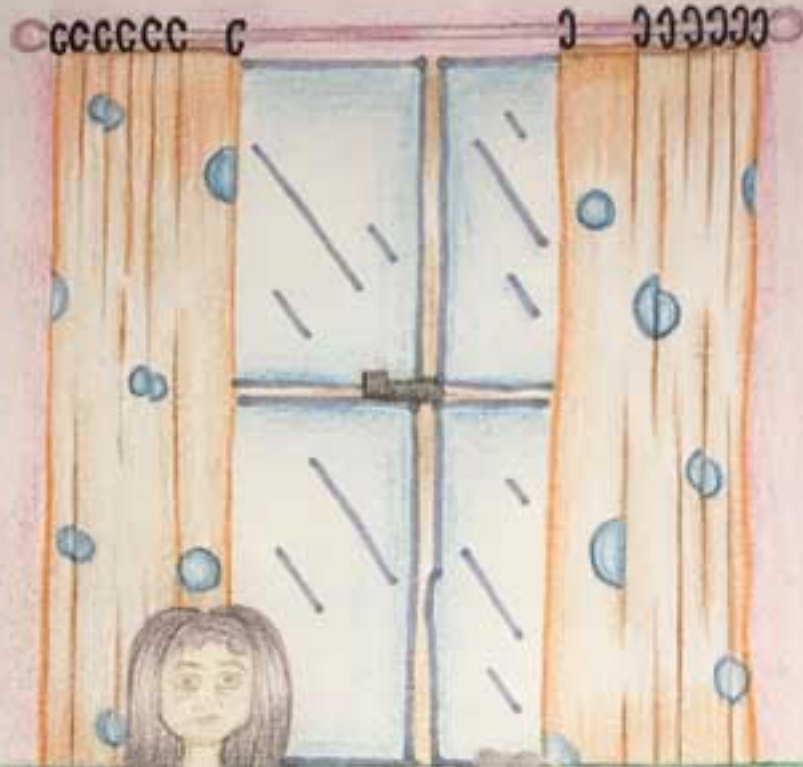
• Ask your DOCTOR  
to test you.

• Humans and  
Pets can  
get it.



ANYONE  
CAN GET  
VALLEY  
FEVER

Concerned for  
your pet and  
yourself  
GET TESTED  
TODAY!



VALLEY FEVER  
SYMPTOMS

PETS:  
dry cough, fever  
lack of appetite  
depression.

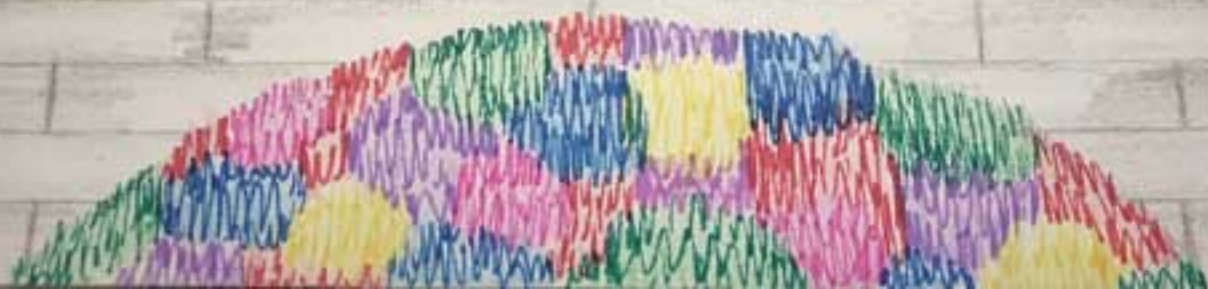


HUMANS:  
cough, fever, fatigue,  
headache, night  
sweats, joint pain,  
rash, etc.



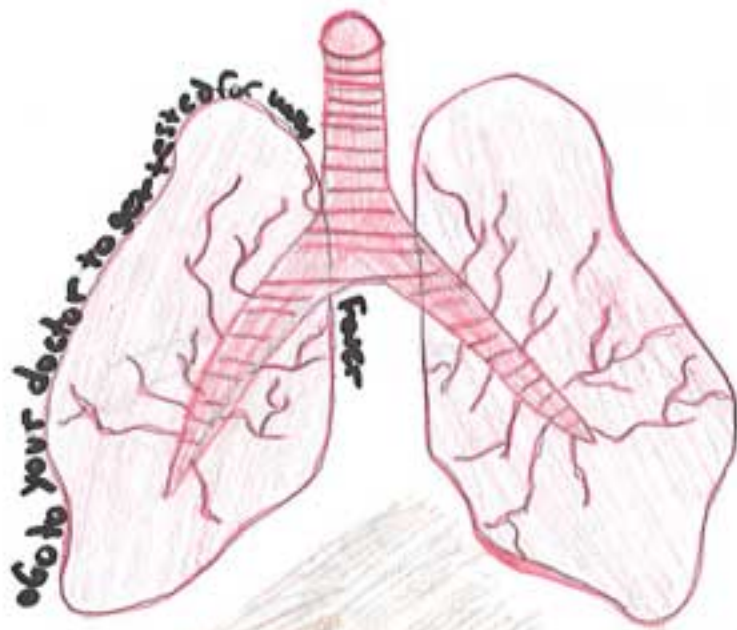
6 ft  
APART

6 ft  
APART



# VALLEY FEVER

- Avoid blowing dust
- Go to your doctor to get tested if you think that you might have VALLEYFEVER.
- Don't kick up dust



• avoid blowing dust

• Don't kick up dust



# Anyone can get Valley Fever

## Symptoms of Valley Fever

- 1. Cough
- 2. High fever
- 3. Rash



**WARNING**  
do not breathe this soil!

## things you can have here.

- sore muscles
- itchy skin
- Hot fever
- exhaustion
- chest pain
- red bumps
- sweating at night

Know the signs and symptoms!

Be careful, COVID-19 and Valley Fever have similar symptoms

- Valley Fever
- Fatigue
  - Fever
  - Weight loss
  - Chest pain
  - Rash(es)
  - Coughing
  - Chronic Pneumonia
  - Bloody sputum
  - lung nodules
  - Henting itus
  - chills, night sweats

- COVID-19
- fever
  - shortness of breath
  - fatigue
  - head aches
  - new loss of taste or smell
  - sore throat

- Valley Fever
- Fatigue
  - Fever
  - Weight loss
  - Chest pain
  - Rash(es)
  - Coughing
  - Chronic Pneumonia

Be sure to ask your doctor if you think you have Valley Fever.

Stay out of blowing wind!

Wet the ground before distributing the soil.

ANYONE can get Valley Fever! even...



Dogs



Healthy People



Other Pets

Keira Burch

# Valley Fever!

# Valley Fever

You can get Valley Fever in Most of Arizona.



You get it by breathing in particles of dust with Valley Fever on it

People like construction workers are higher risk.



Just like covid, it can help to wear a mask.

## The Symptoms of Valley Fever

(Valley Fever is a lung infection)

60% Of the people who get Valley Fever have no symptoms.

- Tiredness
- Fever
- Chest pain
- Muscle and joint pain



- Coughing
- Loss of Appetite
- Sweating at night

Chronic Valley fever has a lot worse symptoms.

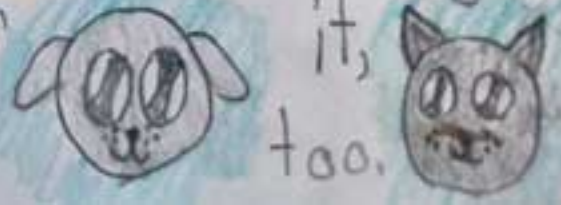
It is not contagious!



It is in more than just Arizona.



Animals can get it, too.



# VALLEY FEVER

NEVADA

UTAH



lungs  
beta

air borne spores! + Fungus in Soil too!

wet the ground before disturbing the soil!

Valley Fever can be caused by dust storms! (things like dirt can cause valley fever)



airborne soil

Symptoms of Valley Fever could BE:  
Fatigue, Cough, fever, Chest Pain + joint aches + chills  
These are the most common!

Similar to Covid-19

Alertness!

NEW MEXICO

Pets can get it too! even healthy people!



CALIFORNIA

Ask your doctor to test you if you think you have Valley fever!

TEXAS

It can happen to anyone! Be Safe!!!



By: mia Beckel 2020

# VALLEY FEVER SAFETY POSTER



Wet soil before digging



Planting grass to prevent infection



Wear N95 mask



Ask your doctor to test you

## STOP!!



## VALLEY FEVER

Keep your Immune system healthy



Stay Indoors



Avoid travels



Avoid Contact with disturbed soil



## PREVENTION IS BETTER THAN CURE..!!







# BEWARE OF VALLEY FEVER



ASK YOUR DOCTOR  
ABOUT VALLEY FEVER

## WHAT IS IT?

AN INFECTION OF THE LUNGS CAUSED BY A FUNGUS FOUND IN THE SOIL.

## WHAT ARE SIGNS & SYMPTOMS?

LOOK FOR FLU LIKE SYMPTOMS LIKE FEVER, COUGH, HEADACHES, EXHAUSTION, ETC.

## WHO CAN GET IT?

ANYONE... INCLUDING YOUR PETS!

# VALLEY

Things to know!



# FEVER

Symptoms:

- Cough
- Fever
- Shortness of breath
- Headache
- Rash on upper body or legs.

Research



It can also effect dogs.



Please be aware of your health. Help spread the right information to help yourself, and others.

# VALLEY FEVER

Symptoms

Coughing  
exhaustion  
Fever



Dogs can  
get Valley  
Fever too!



Stay out of blowing  
DUST!



My name is cocci



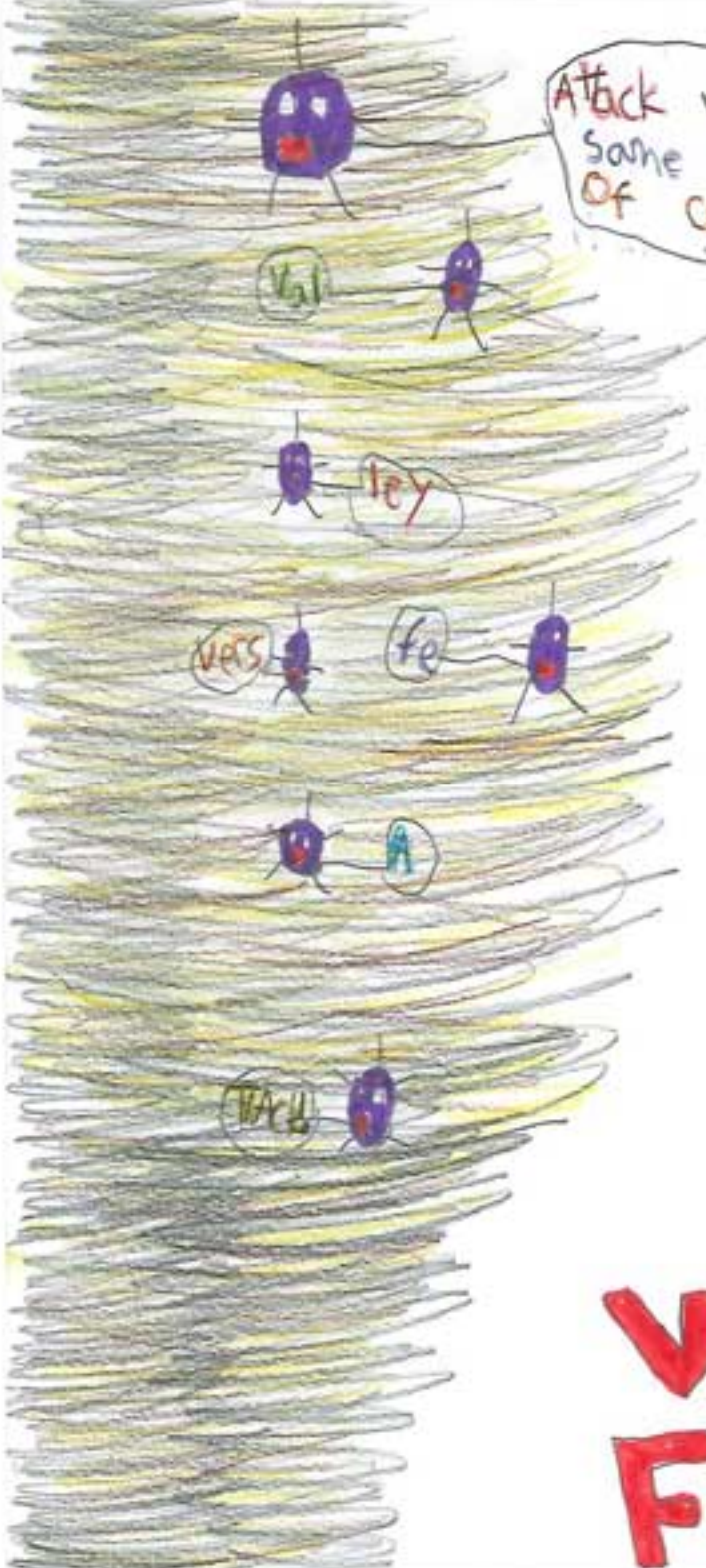
My name is coronavirus

## INFECTION

- Fungal
- Endemic
- Non-contagious

- viral
- pandemic
- Contagious

We both make you sick...!!!



Attack with the same symptoms of coronavirus!

Try fever because that's part of our name!

# Valley Fever Symptoms

- Fever
- Cough
- Exhaustion
- Fatigue
- Sweat at night
- Loss of appetite
- Chest pain
- muscle and joint pains
- Rash
- Hives

Oh no! But what about Bob the dog?!

Ahhhhhhhhhh!!!!

I need to ask my doctor if I have Valley Fever now!

But first I need to get inside and away from this storm!



# VALLEY FEVER

# VALLEY FEVER



**Shortness of  
Breath**



**Cough**



**Headache**